



Prvi Kongres  
Preventivne kardiologije  
The First Congress of  
Preventive Cardiology

07-08 jun 2021  
[www.medicinskaradionica.rs](http://www.medicinskaradionica.rs)

2021  
**SERBIA PREVENT**

# NAUČNI PROGRAM

Organizator  
Radna grupa za prevenciju i rehabilitaciju  
kardiovaskularnih bolesti  
Udruženja kardiologa Srbije  
Working group on prevention and  
cardiovascular rehabilitation of the  
Cardiology Society of Serbia

# ANTITROMBOCITNI TRIATLON

**BROJ PRVE DOZVOLJE**  
Clopidix<sup>®</sup> 75 mg film tablete: 515-01-2220-0-001  
Ticagrex<sup>®</sup>, 90 mg, film tablete: 515-01-02148-18-001  
Ticagrex<sup>®</sup>, 60 mg, film tablete: 515-01-02147-18-001  
Xepar<sup>®</sup>, film tablete, 30 x (5mg): 515-01-01185-17-001  
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**BROJ OBNOVE DOZVOLJE**  
Clopidix<sup>®</sup> 75 mg film tablete 515-01-04078-15-001

**DATUM PRVE DOZVOLE**  
Clopidix<sup>®</sup> 75 mg film tablete: 11.05.2011.  
Xepar<sup>®</sup>, film tablete, 30 x (5mg): 21.11.2018.  
Xepar<sup>®</sup>, film tablete, 30 x (10mg): 21.11.2018.

**DATUM OBNOVE DOZVOLJE**  
Clopidix<sup>®</sup> 75 mg film tablete: 02.09.2016.  
Ticagrex<sup>®</sup>, 90 mg, film tablete: 11.09.2020.  
Ticagrex<sup>®</sup>, 60 mg, film tablete: 11.09.2020.

**DATUM REVIZIJE TEKSTA**  
Clopidix<sup>®</sup> 75 mg film tablete: April, 2016.  
Ticagrex<sup>®</sup>, 90 mg, film tablete: Oktobar, 2020.  
Ticagrex<sup>®</sup>, 60 mg, film tablete: Oktobar, 2020.  
Xepar<sup>®</sup>, film tablete, 30 x (5mg): Jul 2018.  
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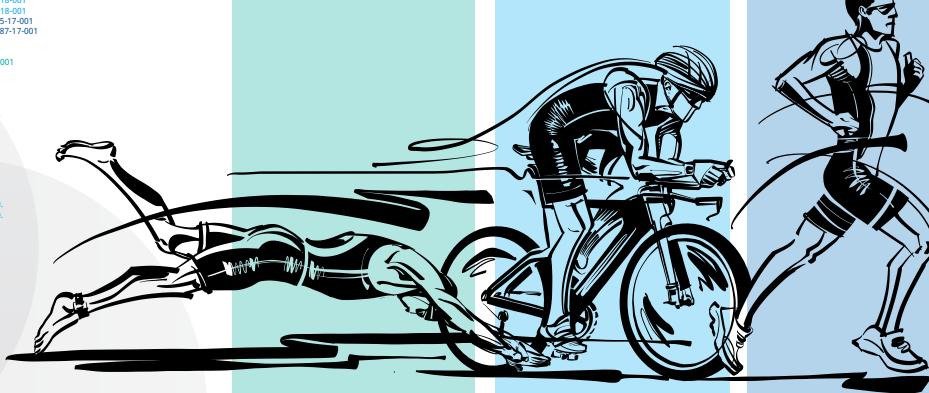
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**2021**  
**SERBIA PREVENT**

**Organizator kongresa / Organizer  
Radna grupa za prevenciju i rehabilitaciju  
kardiovaskularnih bolesti, Udruženja kardiologa Srbije**

*/ Working group on prevention and cardiovascular  
rehabilitation of the Cardiology Society of Serbia*

**Pod pokroviteljstvom / Under the auspices of**  
Odbora za kardiovaskularnu patologiju Srpske akademije  
nauka i umetnosti /

*Board for Cardiovascular Pathology of the Serbian  
Academy of Sciences and Arts*

Kardiološke sekcije Srpskog lekarskog društva /  
*Cardiology Section of Serbian Medical Society*

**Mesto i datum održavanja / Venue and date**

Simpozijum „online” / *Simposium online*  
07-08. jun 2021. godine/ AMEC tehnična podrška

### **Sponzori / Sponsors**

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## POZDRAVNA REČ

Dragi prijatelji,

Velika nam je čast i zadovoljstvo da Vam poželimo dobrodošlicu na I Kongres Preventive kardiologije (Serbia Prevent) u organizaciji Radne grupe za prevenciju i rehabilitaciju Udruženja kardiologa Srbije. Suočeni sa ograničenjima koje nam je nametnula pandemija COVID-19 bili smo proručeni da prvi kongres naše radne grupe organizujemo u virtuelnom okruženju. Nadamo se da ćete biti zadovoljni izabranim temama kongresa i kvalitetom sadržaja. U fokusu kongresa je proces ateroskleroze. Sesije primarne prevencije će se baviti stratifikacijom rizika, nemedikamentnom i medikamentnom korekcijom kardiometaboličkih faktora rizika. Posebnu pažnju privlači uloga genetike u prevenciji. Nekoliko klinički relevantnih sesija je posvećeno optimalnoj medikamentnoj terapiji, stratifikaciji rizika i promeni načina života kroz savremenu rehabilitaciju bolesnika sa već postojećim aterosklerotskim oboljenjem. Posebne sesije su posvećene oštećenju miokarda i perikarda tokom pandemije COVID-19 i sportskoj kardiologiji u svetu novih preporuka Evropskog udruženja kardiologa.

Zahvaljujemo se Udruženju kardiologa Srbije koje je prepoznao značaj kardiovaskularne prevencije i rehabilitacije i podržalo organizaciju sastanka. Posebno se zahvaljujemo svim predavačima i diskutantima na izdvojenom trudu i vremenu.

Ponosni smo i na podršku Evropske asocijacije za preventivnu kardiologiju Evropskog udruženja kardiologa čiji će predsednik prof. Martin Halle održati plenarno predavanje tokom svečanog otvaranja kongres

Pristup sadržaju kongresa je slobodan u narednih mesec dana. Nakon kongresa registrovani učesnici moći će da pristupe rešavanju testa akreditovanog sa ukupno 5 bodova kontinuirane medicinske edukacije. Zahvaljujemo Vam se na učešću i želimo Vam uspešan kongres.

Predsednica radne grupe za prevenciju  
i rehabilitaciju kardiovaskularnih bolesti UKS  
**Ivana Burazor**

Nacionalni koordinator za prevenciju UKS  
**Vojislav Giga**

## WELCOME NOTE

Dear friends,

It is our pleasure and honor to welcome you at the first Congress of Preventive Cardiology (Serbia Prevent), organized by the Working Group on Cardiovascular Prevention and Rehabilitation of Cardiology Society of Serbia.

Facing the limitations imposed by COVID-19 pandemics we had to organize the meeting in virtual surrounding. However, we hope that you are going to be satisfied with topics and scientific content. The main focus of the congress is atherosclerosis. Primary prevention session will address the contemporary principles of the identification of high risk patients, life style changes and medical treatment of cardiometabolic risk factors. Special attention will be paid to the role of genetics in prevention. Several clinically oriented sessions will be dedicated to the optimal treatment, risk stratification and life style modification through modern rehabilitation in patients with established atherosclerotic disease. Special sessions are dedicated to the myocardial and pericardial damage in COVID-19 and to the new guidelines on Sports Cardiology of European Society of Cardiology (ESCS).

We would like to thank Cardiology Society of Serbia for recognizing the importance of cardiovascular prevention and supporting the organization of the meeting. Special thanks for all the faculties and panelist for the effort to provide scientific content of the congress.

We are proud of the support of European Association of Preventive Cardiology. President of the Association, Professor Martin Halle, will give plenary lecture during the opening ceremony.

Access to the scientific content is free of charge for all registered participants next thirty days. After the congress, the registered participants will have the opportunity to take accredited test (5 points of continuous medical education).

Thank you for the participation and we wish you successful meeting.

*President of the Working group on prevention and cardiovascular rehabilitation of the Cardiology Society of Serbia  
**Ivana Burazor***

*National Coordinator for Cardiovascular Prevention of the Cardiology Society of Serbia  
**Vojislav Giga***

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Vojislav Giga, Nacionalni koordinator za prevenciju Udruženja kardiologa Srbije / *National coordinator for prevention of the Cardiology Society of Serbia*

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Mirko Čolić  
Radoslav Vidaković  
Vladan Vukčević

## **INOSTRANI PREDAVAČI PO POZIVU / INVITED INTERNATIONAL FACULTY**

Yehuda Adler (Israel)  
Martin Halle (Germany)  
Massimo Imazio (Italy)  
George Lazaros (Greece)  
Phil Tsao (USA)  
Shoa Clarke (USA)

## PREDAVAČI / FACULTY

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Martin	Halle	Goran	Stanković
Ivana	Ilić	Siniša	Stojković
Massimo	Imazio	Slobodan	Tanasković
Branislava	Ivanović	Ivana	Tasić
Vladimir	Kanjuh	Phil	Tsao
Snežana	Kostić	Vladan	Vukčević
Katarina	Lalić	Marija	Zdravković

## **Svečano otvaranje kongresa / Opening Ceremony**

Ponedeljak, 07. jun 2021. godine, 09:00h

Monday, June 07<sup>th</sup>, 2021, 9.00am

## **Zvaničan jezik kongresa / Official language**

Srpski i engleski / Serbian and English

## **Informacije o akreditaciji kongresa kod Zdravstvenog saveta Srbije / Accreditation by Serbian Health Council**

Nakon kongresa registrovani učesnici moći će da pristupe rešavanju testa akreditovanog sa 5 bodova kontinuirane medicinske edukacije

*After the congress, the registered participants will have the opportunity to take accredited test which will take 5 points of continuous medical education*

## **Kotizacija / Registration Fee**

Prisustvo sesijama (sesije uživo kao i prethodno snimljenih sesija, virtuelnoj izložbi i kongresnom materijalu) je **BESPLATNO**.

Access to all virtual sessions is **FREE**.

Kotizacija od 50 eura omogućava učesnicima rešavanje akreditovanog testa kontinuirane medicinske edukacije

## **Internet prezentacija Udruženja kardiologa Srbije / Website of the Cardiology Society of Serbia**

uksrb.rs

## **Tehnički deo organizacije XXI Kongresa UKS / Technical organizers of the XXI Congress of the CSS**

AMEC, Jurija Gagarina 26A/5, 11070 Novi Beograd, Srbija  
Jurija Gagarina 30/33 11070 Novi Beograd

## **Pravni deo i ugovori / Contracts**

Marija Ristović Petrović (marijaristovic@yahoo.com)

## **Tehnički sekretar i računovodstvo / Technical secretary and accountant**

Jelena Stamenković (zivka.milicevic@gmail.com)

## **Internet tim / Web support**

Rada Jović, Nenad Jović (uks.podrska@gmail.com)

## **Brendiranje, dizajn i štampa / Branding, design, and print**

Predrag Mokranjac i Dušan Šević (mokranjac@newassist.rs,  
sevic@newassist.rs)



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2021  
**SERBIA PREVENT**

# NAUČNI PROGRAM / *SCIENTIFIC PROGRAMME*

Snimljene sesije, online pristup sve vreme kongresa i  
mesec dana nakon kongresa

*Pre-recorded sessions, on-line access during the  
Congress and one month after the Congress*



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PALETA

**09:00-10:00****SVEĆANO OTVARANJE I KONGRESA PRVI KONGRES  
RADNE GRUPE ZA PREVENCIJU I REHABILITACIJU  
KARDIOVASKULARNIH BOLESTI, UDRUŽENJA  
KARDIOLOGA SRBIJE**

Predsedavajući: Siniša Stojković (Beograd, Srbija), Branko Beleslin (Beograd, Srbija), Ivana Burazor (Beograd, Srbija), Vojislav Giga (Beograd, Srbija)

***OPENING CEREMONY OF THE 1<sup>st</sup> CONGRESS OF THE  
WORKING GROUP FOR CARDIOVASCULAR PREVENTION  
AND REHABILITATION OF THE CARDIOLOGY SOCIETY OF  
SERBIA***

Chairpersons: Siniša Stojković (Belgrade, Serbia), Branko Beleslin (Belgrade, Serbia), Ivana Burazor (Belgrade, Serbia), Vojislav Giga (Belgrade, Serbia)

**09:00-09:25 Pozdravna reč / Welcoming address**

**09:00-09:05** Siniša Stojković (Belgrade, Serbia), Predsednik Udruženja kardiologa Srbije / President of the Cardiology society of Serbia

**09:05-09:10** Ivana Burazor (Belgrade, Serbia), Predsednica Radne grupe za prevenciju i kardiovaskularnu rehabilitaciju Udruženja kardiologa Srbije / President of the Working group for cardiovascular prevention and rehabilitation of the Cardiology society of Serbia

**09:10-09:15** Vojislav Giga (Belgrade, Serbia), Nacionalni koordinator za prevenciju i kardiovaskulsrnu rehabilitaciju Udruženja kardiologa Srbije / National coordinator for cardiovascular prevention and rehabilitation of the Cardiology society of Serbia

**09:15-09:35 Euro Heart Serb**

Branko Beleslin (Belgrade, Serbia), Saradnja sa Evropskim udruženjem kardiologa – Evropski registry u Srbiji / Cooperation with European Society of cardiology – ESC Registries in Serbia

**09:45-10:15 Plenarno predavanje: Prevencija**

**kardiovaskularnih bolesti / *Plenary session:  
Prevention of cardiovascular diseases***

Martin Halle (Germany), President of the European Association of Preventive Cardiology

**10:30-11:00**

**10:30-11:00**

**Genetska procena koronarne arterijske  
bolesti: Nada ili trik? / *Genetic assessment of  
coronary artery disease: Hope or hype?***  
Shoa L. Clarke (USA)

11:00-12:00

## KARDIOVASKULARNI FAKTORI RIZIKA

Moderator: Branislava Ivanović (Beograd, Srbija)

## CARDIOVASCULAR RISK FACTORS

Moderator: Branislava Ivanović (Belgrade, Serbia)

- 11:00-11:15 Dijabetes – farmkološka prevencija / *Diabetes – pharmacological prevention*  
Katarina Lalić (Beograd, Srbija)
- 11:15-11:30 Hipertenzija – farmkološka prevencija / *Hypertension – pharmacological prevention*  
Branislava Ivanović (Beograd, Srbija)
- 11:30-11:45 Lipidi – farmkološka prevencija / *Lipids – pharmacological prevention*  
Dragan Simić (Beograd, Srbija)
- 11:45-12:00 Nutritivna i lifestyle modifikacija u prevenciji kardiovaskularnih bolesti / *Nutritional and lifestyle modification in the prevention of cardiovascular diseases*  
Budimka Novaković (Novi Sad, Srbija)

**12:00-12:45****PRIMARNA PREVENCIJA KARDIOVASKULARNIH  
BOLESTI – PROCENA RIZIKA I DETEKCIJA SUBKLINIČKE  
ATEROSKLOROZE**

Moderator: Ivan Tasić (Niška Banja, Srbija)

**PRIMARY PREVENTION OF CARDIOVASCULAR DISEASES  
- RISK ASSESSMENT AND DETECTION OF SUBCLINICAL  
ATHEROSCLEROSIS**

Moderator: Ivan Tasić (Niška Banja, Serbia)

- 12:00-12:15     **Kako optimizovati skorove za procenu kardovaskuarnog rizika – uloga kalcijumskog skora koronarnih arterija / How to optimize scores for cardiovascular risk assessment - the role of coronary artery calcium score**  
Vojislav Giga (Beograd, Srbija)
- 12:15-12:30     **Metode za detekciju subkliničke ateroskleroze / Methods for detection of subclinical atherosclerosis**  
Ivan Tasić (Niška Banja, Srbija)
- 12:30-12:45     **Značaj detekcije karotidnih plakova / Significance of carotid plaque detection**  
Svetlana Kostić (Niška Banja, Srbija)

13:00-14:00

## O ATEROSKLEROZI

Predsedavajući: Vladimir Kanjuh (Beograd, Srbija), Siniša Stojković (Beograd, Srbija), Ivana Burazor (Beograd, Srbija)

## ABOUT ATHEROSCLEROSIS

Chairperson: Vladimir Kanjuh (Belgrade, Serbia), Siniša Stojković (Belgrade, Serbia), Ivana Burazor (Belgrade, Serbia)

- 13:00-13:30 **Histo-patološke aterosklerotične lezije koronarnih arterija u pojedinim kliničkim entitetima akutnog koronarnog sindroma (morphološko-kliničke korelacije) / *Histopathology of atherosclerotic lesions of coronary arteries in different entities of acute coronary syndrome (morphological-clinical correlations)***  
Vladimir Kanjuh (Belgrade, Serbia), Siniša Stojković (Belgrade, Serbia), Ivana Burazor (Belgrade, Serbia)
- 13:30-14:00 **Holistički pristup aterosklerotičnom vulnerabilnom pacijentu / Holistic approach to vulnerable atherosclerotic patient**  
Vladimir Kanjuh (Belgrade, Serbia), Siniša Stojković (Belgrade, Serbia), Ivana Burazor (Belgrade, Serbia)

**14:00-15:00****KAKVA JE PROGNOZA MOG PACIJENTA?**

Moderatori i panelisti: Milan Nedeljković (Beograd, Srbija), Ana Đorđević Dikić (Beograd, Srbija), Branko Beleslin (Beograd, Srbija), Milovan Petrović (Sremska Kamenica, Srbija), Siniša Stojković (Beograd, Srbija), Rade Babić (Beograd, Srbija),

***WHAT IS MY PATIENT'S PROGNOSIS?***

Moderators and panelists: Milan Nedeljković (Belgrade, Serbia), Ana Đorđević Dikić (Belgrade, Serbia), Branko Beleslin (Belgrade, Serbia), Milovan Petrović (Sremska Kamenica, Serbia), Siniša Stojković (Belgrade, Serbia), Rade Babić (Belgrade, Serbia),

**14:00-14:15      Miomardni mostovi / Myocardial bridging**  
Srđan Aleksandrić (Beograd, Srbija)

**14:15-14:30      No reflow/Slow flow / No reflow/Slow flow**  
Rade Babić (Beograd, Srbija)

**14:30-14:45      Mikrovaskularna disfunkcija / Microvascular dysfunction**  
Ivan Ilić (Beograd, Srbija)

**14:45-15:00      Hronična totalna okluzija – Prikazi slučajeva / Chronic total occlusion – Cases presentations**  
Siniša Stojković (Beograd, Srbija)



15:00-16:00

## SEKUNDARNA PREVENCIJA NAKON PERKUTANIH KORONARNIH INTERVENCIJA / *SECONDARY PREVENTION AFTER PERCUTANEOUS CORONARY INTERVENTIONS*

Moderator: Goran Stanković (Belgrade, Serbia)

- 15:00-15:20 **Kada je potrebna produžena dvojna antiagregaciona terapija? / When is prolonged dual antiplatelet therapy required?**  
Goran Stanković (Beograd, Srbija)

- 15:20-15:40 **Optimalna medikamentna terapija / Optimal medical therapy**  
Vladan Vukčević (Beograd, Srbija)

- 15:40-16:00 **Značaj optimalne medikamentne terapije / The importance of optimal medical therapy**  
Zlatko Mehmedbegović (Beograd, Srbija)

**16:00-17:00****SEKUNDARNI PREVENTIVNI PROGRAMI U KLINIČKOJ PRAKSI**

Moderatori: Ivana Burazor (Beograd, Srbija), Marija Bjelobrk (Sremska Kamenica, Srbija), Aleksandar Redžek (Sremska Kamenica, Srbija), Slobodan Dodić (Novi Sad, Srbija)

**SECONDARY PREVENTIVE PROGRAMS IN CLINICAL PRACTICE**

Moderatori: Ivana Burazor (Belgrade, Serbia), Marija Bjelobrk (Sremska Kamenica, Serbia), Aleksandar Redžek (Sremska Kamenica, Serbia), Slobodan Dodić (Novi Sad, Serbia)

- 16:00-16:20    **Prediktivni faktori u nastanku restenze nakon karotidne angioplastike / Predictive factors in the development of restenosis after carotid angioplasty**

Slobodan Tanasković (Beograd, Srbija)

- 16:20-16:40    **Optimizacija implementacije Evropskih preporuka za prevenciju: rizik profil bolesnika sa hroničnim koronarnim sindromima / Optimizing the implementation of European recommendations for prevention: risk profile of patients with chronic coronary syndromes**

Ivana Burazor (Beograd, Srbija)

- 16:40-17:00    **Značaj ambulatne kardijalne rehabilitacije kod bolesnika sa srčanom insuficijencijom / Significance of outpatient cardiac rehabilitation in patients with heart failure**

Marija Bjelobrk (Sremska Kamenica, Srbija)



17:00-18:00

## TRADICIONALNA KARDIOLOŠKA REHABILITACIJA U MODERNOJ KARDIOLOGIJI

Moderatori: Dragan Lović (Niš, Srbija), Dragan Đorđević (Niška Banja, Srbija), Dejan Spiroski (Beograd, Srbija)

## TRADITIONAL CARDIOLOGICAL REHABILITATION IN MODERN CARDIOLOGY

Moderator: Dragan Lović (Niš, Serbia), Dragan Đorđević (Niška Banja, Serbia), Dejan Spiroski (Belgrade, Serbia)

- 17:00-17:20 Šta nas je EUROASPIRE naučio o faktorima rizika? / *What EUROASPIRE has taught us about risk factors?*  
Dragan Lović (Niš, Srbija)
- 17:20-17:40 Značaj stacionarne rehabilitacije bolesnika sa akutnim infaktom miokarda / *Significance of inpatient rehabilitation of patients with acute myocardial infarction*  
Dejan Spiroski (Beograd, Srbija)
- 17:40-18:00 Značaj stacionarne rehabilitacije bolesnika starijih bolesnika sa komorbiditetima: HOBP u fokusu / *Importance of inpatient rehabilitation of elderly patients with comorbidities: COPD in focus*  
Mojsije Andić (Beograd, Srbija)

**10:00-11:00****SPORTSKA KARDIOLOGIJA****PREPORUKE ZA BAVLJENJE SPORATOM KOD OSOBA SA  
URODJENIM SRČANIM MANAMA**

Moderator: Ivana Nedeljković (Beograd, Srbija)

**SPORTS CARDIOLOGY****RECOMMENDATIONS FOR SPORTS ACTIVITIES IN  
PERSONS WITH CONGENITAL HEART DEFECTS**

Moderator: Ivana Nedeljković (Beograd, Serbia)

- 10:00-10:20    **Prolaps mitralnog zaliska / *Mitral valve prolapse***

Ivana Nedeljković (Beograd, Srbija)

- 10:20-10:40    **Bikuspidni aortni zalistak / *Bicuspid aortic valve***

Vojislav Giga (Beograd, Srbija)

- 10:40-11:00    **Atrialni septalni defect / *Atrial septal defect***

Marina Ostojić (Beograd, Srbija)



11:00-12:30

## PREVENCIJA BOLESTI MIOKARADA I PERIKARDA U DOBA KORONE

Moderatori: Yehuda Adler (Izrael), Ivana Burazor (Beograd, Srbija)

## ***PREVENTION OF MYOCARDIAL AND PERICARDIAL DISEASES IN COVID-19***

Moderators: Yehuda Adler (Israel), Ivana Burazor (Belgrade, Serbia)

- |             |   |
|-------------|---|
| 11:00-11:20 | <b>Miokarditis / Myocarditis</b><br>George Lazaros (Greece)   |
| 11:20-11:40 | <b>Perikarditis / Pericarditis</b><br>Massimo Imazio (Italy)  |
| 11:40-12:00 | <b>Perikardni izliv i tamponada srca / Pericardial effusion and cardiac tamponade</b><br>Arsen Ristić (Belgrade, Serbia)          |
| 12:00-12:20 | <b>Magnetna rezonanca srca u doba korone / Cardiomagnetic resonance in the corona era</b><br>Marija Zdravković (Belgrade, Serbia) |

**13:00-13:30**

**PLENARNO PREDAVANJE: „POLYPILL” I „POLYMEAL”: OD VEROVANJA PREKO INTRIGA I NAUKE DO ISTINE – MIT ILI REALNOST?**

Predavač: Miodrag Ostojić (Beograd, Srbija)

***PLENARY LECTURE: „POLYPILL” AND „POLYMEAL”: FROM BELIEF OVER INTRIGUE AND SCIENCE TO THE TRUTH – MYTH OR REALITY ?***

Lecturer: Miodrag Ostojić (Belgrade, Serbia)



13:30-14:00

## SVEĆANO ZATVARANJE I KONGRESA PRVI KONGRES RADNE GRUPE ZA PREVENCIJU I REHABILITACIJU KARDIOVASKULARNIH BOLESTI, UDRUŽENJA KARDIOLOGA SRBIJE

Predsedavajući: Siniša Stojković (Beograd, Srbija), Ivana Burazor (Beograd, Srbija), Vojislav Giga (Beograd, Srbija)

## ***CLOSING CEREMONY OF THE 1<sup>st</sup> CONGRESS OF THE WORKING GROUP FOR CARDIOVASCULAR PREVENTION AND REHABILITATION OF THE CARDIOLOGY SOCIETY OF SERBIA***

Chairpersons: Siniša Stojković (Belgrade, Serbia), Ivana Burazor (Belgrade, Serbia), Vojislav Giga (Belgrade, Serbia)



